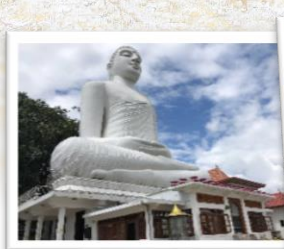




Sri Lanka

Volunteering Adventure



Join with other Year 12 & Year 13 students on this experience of a lifetime to Sri Lanka and Singapore. Participate in humanitarian and wildlife conservation projects that will challenge and change you forever.

- 1 week caring for, feeding, bathing and learning about Asian elephants
- 1 week volunteering in a child care centre or on a village construction project.
- Visit fascinating World Heritage historic sites in Sri Lanka's Cultural Triangle
- Go ride-wild during a full day at Universal Studios theme park in Singapore!
- Travel through vast tea plantations on Asia's most beautiful train journey
- Search for wild elephants on a jeep safari in the Sri Lankan rainforest
- Release endangered baby sea-turtles into the Indian Ocean

21 day fully escorted adventure

- All Inclusive fully-escorted tour. Very few additional costs.
- Includes flights, transfers, insurance, accommodation, meals and listed activities*

ONLY 22 PLACES! EMAIL INFO@BETTERWORLDADVENTURES.COM FOR INFO



* Terms & Conditions apply
Final itinerary, activities and price subject to change.

What's Included?

Wherever possible, known costs that will be incurred by all participants have been included up-front. No surprises, no significant extras! Additional costs are minimal, and mostly personal.

- 24 night fully escorted tour
- 2 tour leaders, (male and female)
- Tour leaders available to students 24/7
- Economy-class return airfares to Sri Lanka ex Auckland
- Sri Lankan entry visa (for New Zealand passport holders)
- All airport transfers (including Tauranga-Auckland-Tauranga)
- Comprehensive Travel and Medical Insurance
- All accommodation (single gender, twin or multi-share basis)
- 3 meals every day (except weekends in Kandy when breakfast/lunch will be replaced with brunch, and in Singapore where lunches are a personal expense)
- Tour tipping (drivers, guides, group waiters)
- Sri Lankan *and* Singaporean SIM card with data (for unlocked devices)
- 3-day fully-escorted tour of Sri Lankan Cultural Triangle, including local guide.
 - Entrance fees for Sigiriya, Polonnaruwa and Dambulla World Heritage sites
 - Fully escorted National Park jeep safari viewing wildlife & elephants
 - Entrance fee for Minneriya National Park
 - Bicycle tour of Polonnaruwa Ancient Kingdom
- 1 week *ethical* elephant volunteering at Millennium Elephant Foundation
- Reserved seats for train travel Kandy to Ella (return ticket)
- Tuk-tuk tour to Little Adam's Peak and Demodara Nine Arches Bridge
- ½ day tuk-tuk tour of Kandy city including entrance fees
- Visit to a Sea Turtle Conservation Project
- Participant souvenir T-shirt
- Extensive pre-departure orientation

Price includes

- 3-day (2 night) stopover in Singapore
 - Full-day entry to Universal Studios Singapore
 - Walking tour of Singapore Chinatown
 - Entrance fee to Gardens By The Bay Skywalk
 - Entrance fee to Marina Bay Skypark Observation Deck
 - 3-day EZLink public transport pass

Exclusions

- Vaccinations
- Public transport in Sri Lanka
- Personal spending

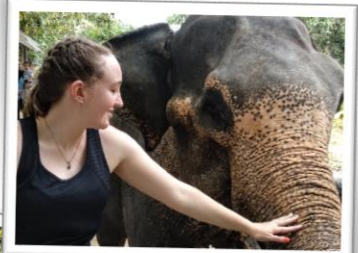
Includes all meals



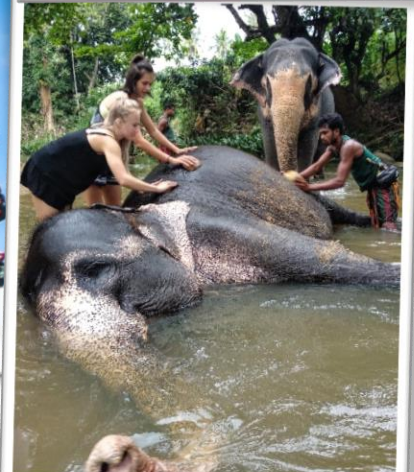
20 Breakfasts
19 Lunches
20 Dinners



Hotel (8 nights)
Dormitory (10 nts)
Night flight (2 nts)



NEVER UNDERESTIMATE
**YOUR ABILITY
TO MAKE
SOMEONE ELSE'S
LIFE BETTER**



**"THE BEST
PLACE TO FIND
A HELPING
HAND IS AT THE
END OF YOUR
OWN ARM."**

* Suggested itinerary only. Itinerary amendment and activity substitutions may be made at the discretion of the tour organisers. Supplier costs and currency fluctuations prior to departure may increase or decrease the total trip price by a marginal amount. While Better World Adventures uses the services of highlighted service suppliers, no dedicated partnership is implied.

Sri Lankan Itinerary*

Orientation and Familiarisation. *Look and Learn*

The first priority on our Sri Lankan adventure is to learn as much about our new home as possible. We will travel to the heart of Sri Lanka's "Cultural Triangle" where our guides will introduce us to elements of Sri Lanka's rich history, Buddhist religion, and Tamil and Sinhalese cultures, as well as familiarising us with the exotic foods and fascinating wildlife of the country.

Two Weeks of Volunteering. *Change someone's life; possibly your own.*

One of the greatest catalysts to personal growth for young people is participation in charitable community service. For this reason, the most significant part of our trip focuses on interaction with the Sri Lankan people on a combination of both community, and wildlife conservation projects.

95% of international volunteers say that their experience challenged the way that they viewed the world, so it's no understatement to say that your Sri Lankan experience has the potential to profoundly affect you for the rest of your life. Your volunteering will not only benefit other peoples' lives, but also give you confidence, responsibility and purpose, cultural sensitivity, communication skills, and possibly develop life-long friendships.

But Wait, There's More. *Uniquely exciting extras.*

As well as your hands-on volunteering, you'll have plenty of time to meet new people, make new friends, and to take part in exciting and unique once-in-a-lifetime experiences.



Day 1: "Ayubowan" Welcome to Sri Lanka

On arrival we'll be met at the airport and transferred to our nearby hotel in Negombo for an afternoon of relaxation and acclimatisation.

Day 2-4: 3-day Cultural Triangle Tour

Day One, you will travel into the heart of central Sri Lanka for a three-day cultural immersion involving visits to a number of key World Heritage sites to learn about Sri Lanka's ancient history, predominantly Buddhist religion, and rich wildlife.

Highlights will include:

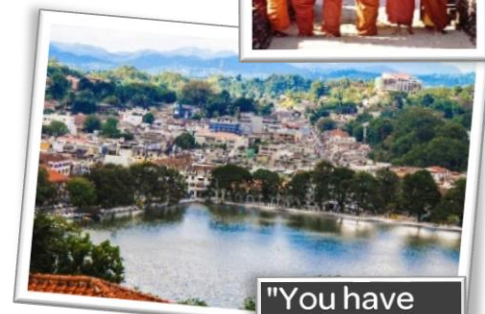
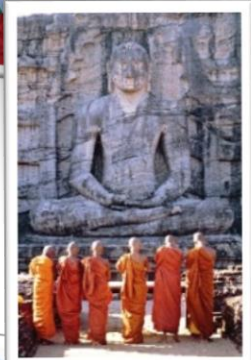
- bicycling through the 10th century kingdom of Polonnaruwa, famous for its well-preserved archaeological ruins, and resident population of monkeys.
- climbing 200m to the summit of Sigiriya Lion Rock to admire the extensive views from the remains of the 1,500 year-old fortress on its top.
- watching elephants from the world's largest elephant orphanage take their midday river swim.
- exploring the 2,000 year-old Buddhist Temple complex located inside the Dambulla Caves.
- taking a wildlife safari by jeep into the forest to search for wildlife including wild elephants.
- We end our cultural tour in Kandy, Sri Lanka's second largest city and the base for your two-week volunteer programme. Surrounded by rainforest-clad hills and "Ceylon" tea plantations, Kandy was the historic home of Sri Lanka's royal family. The city has World Heritage status and its Temple of the Sacred Tooth Relic is one of the world's most important Buddhist sacred sites.

Day 5: Volunteer Programme Orientation

Today is your orientation to your first week of volunteering in Sri Lanka, working on either a community construction project, or in a Special Needs institution. Your orientation will include information on our group's projects, project rules and expectations of volunteers. Our Sri Lankan project managers will also provide a wider introduction to Sri Lankan customs, and your personal safety. In the afternoon we will go sightseeing in Kandy, including a fun tuk-tuk tour of the city's tourist sites.

Day 6-9: Community Volunteering Option: Construction Project

There is something profoundly rewarding about working alongside local people to build community facilities. Our group will travel to a village project, providing unskilled labour on the construction site of a school or community building, where you will be project managed while working alongside Sri Lankan construction workers. Expect to get hot and dirty, but also to enjoy yourself immensely and really get to know your Sri Lankan hosts.



"You have never really lived until you have done something for someone who can never repay you."



Option: Community Volunteering – Special Needs

Volunteering to assist with the care of institutionalised women with physical and intellectual disabilities will possibly be one of the most personally challenging and memorable experiences of your life. Students choosing this project help with feeding, cleaning, educating and providing emotional support to challenged residents of the Mother Theresa's Sisters of Charity House in Kandy.

Day 7: Free Day in Kandy

A last day in Kandy, to catch up on your shopping, perhaps visit the beautiful Peradeniya Botanical Gardens, or perhaps take the plunge on a full day Whitewater Rafting and Canyoning excursion on the Kelani River in Kithulgala.

Day 8-9: The Most Beautiful Train Ride in Asia

This weekend we will travel by slow train to the the highland town of Ella. The train journey is famous for its beauty, winding through numerous villages and hillsides covered with vast tea plantations. In Ella we will travel by tuk-tuk to admire the beautiful views at Little Adam's Peak and the iconic Demodara Nine-Arches Bridge.

Day 10-14: Personal Elephant Experience

Oh, just the best week ever! It's one thing to see elephants from the luxury of a jeep, but it's a whole different thing to have one-on-one time. We spend a week volunteering at Millennium Elephant Foundation, a Sri Lankan leader in the ethical care of retired working elephants. As well as assisting in duties around the sanctuary, you will spend an unforgettable time amongst the elephants, learning about these magnificent giants, feeding and observing them, bathing them in the river, and tending to their welfare. You'll get to visit the factory where their poo is turned into hand-made paper. How sustainable is that...

Day 15-17: Sun, Sand, and Sea Turtles

Sri Lanka is famous for its tropical palm-fringed sandy beaches so what more relaxing way could there be to end your Sri Lankan adventure than spending our last couple of days at a resort on the shores of the Indian Ocean. Sunbath by the hotel pool or swim in the sea. You won't believe how warm the water is! The neighbouring beaches are the nesting site of five of the world's seven breeds of endangered sea turtles. You will visit a turtle conservation project that protects the fragile eggs from poachers and predators and have the opportunity to help release tiny 3-day old baby turtles back into the ocean!

Day 18: Singapore City Tour

Saying goodbye to Sri Lanka, you depart for a fabulous two-night stop-over in Singapore. The city is a melting pot of Chinese, Malay and Indian cultures, where the old and traditional merge with the ultra-modern. We'll stay at the very central Fort Canning Lodge YWCA with its large swimming pool to beat the heat! Your city exploration includes a walking tour of Chinatown, watch the sunset from the 55-story Marina Bay Hotel Skydeck, and viewing the sound and light show at the incredibly futuristic SuperTree grove.

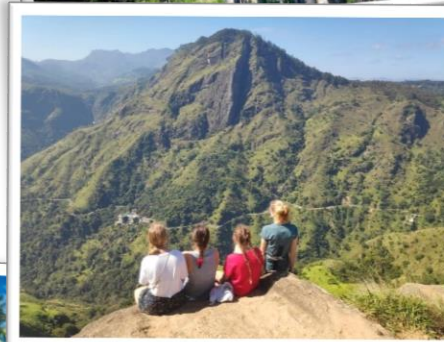
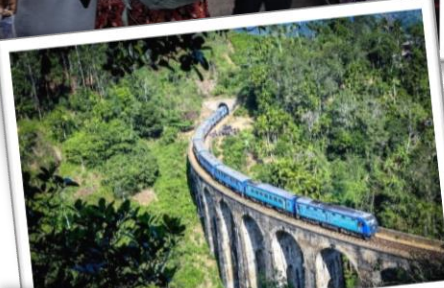
Day 19: Universal Studios & VivoCity

Spend a full day at Universal Studios Singapore, with many huge rides including the world's tallest duelling twin roller coaster! You then visit VivoCity; Singapore's largest shopping mall for some serious shopping.

Day 20: Free day in Singapore

We have the whole day for a last swim and selfie, or shopping before heading to the airport and home, filled with the memories of so many new experiences.

Day 21: Arrive into Auckland Airport, then home!



<https://betterworldadventures.com>